

Join the “Energized For Life” Group Workshop: a simple and easy, step-by-step program for Increased Vitality and Improved Health



Here’s what past participants have to say:

“I’m sleeping better than I have in years. I have more energy than I thought possible”

“I wake up in the morning without all of those aches and pains I thought I had to live with. It’s really great to be pain free!”

“After years of depression, unresponsive to medication I’m finally free of it”

“I have more energy than I thought possible. I feel great! Now I can keep up with my two year old grandson.”

“My blood pressure has lowered dramatically without the use of medications.”

“Coming into this program I thought I knew quite a bit about the right and wrong way to eat. I also maintain a physically active life having competed in several Ironman and half Ironman triathalons. After this program I noticed my energy was consistent through the day and I was able to think and communicate more clearly and calmly.”

“I had blood tests done and was told I had Lupus. After Dr. Shea’s program I was retested and the autoimmune markers were gone.”

“**Energized For Life: A Simple & Easy Group Detox**” program can bring relief for a number of seemingly unrelated ills. The symptoms associated with a toxic buildup can sneak up on us over time and go unnoticed. Are you experiencing any of the following symptoms?

Headaches

Fatigue/sluggishness

Hormonal imbalances

Digestive disorders

Loss of enthusiasm for life

Muscle and joint pain

Irritability

Allergic reactions

Sleep disturbances

Autoimmune disorders

Can you benefit from “Energized For Life: A Simple & Easy Group Detox”?

Mondays 10/26 – 11/16/2015, 12:30 – 2 pm

\$199 (\$175 before 10/15/15)

Facilitator: Dr. Pat Shea, Chiropractor, Diplomat of CranioSacral Therapy, Certified Traditional Naturopath and Shamanic Practitioner has been working with groups and individuals locally and internationally for over 30 years.

Call 831-425-4525 or email pat@scwellbeing.com for your immediate reservation.